

CREW HANDBOOK





WELCOME SAILORS TO THE CITY OF KOTKA!

We are very pleased to see you here in our city and we hope that you will have a great time here! Now when the Kotka Maritime Festival is happening with The Tall Ships Races, the festival will be the biggest public event of the entire year in Finland. Since there are even more activities than normally, locals, visitors and tourists' common social interaction is going to create a unique social climate in our city.

Of course, there will be lots of activities regarding Maritime festival, such as stalls, street food, restaurants, street performers, artists and bands playing, culture, bars and nightclubs, but there is more in Kotka than the festival itself.



You can enjoy our many community centers where there are various activities for young people, bands, activities, video game nights and gymnastics to mention a few. If you don't find community centers interesting, you can always walk thru the shopping center Pasaati, where you can find young people chilling, meeting friends and making their plans for the night. You can talk with local youth and maybe tag along with them into the evening at the parks and beaches, where young people typically gather and have fun. As a young person, I recommend going at least once to one of the public parks later in the day and start a conversation and hang out with locals.

So, I really hope that you have wonderful time here and that you enjoy with your time here!

Aleksi Rantanen
Chairman of
the Youth Council of Kotka



KOTKA - CITY BY THE SEA

Kotka is the second largest city in Kymenlaakso County. It is located on the coast of the Baltic Sea, the Gulf of Finland, at the estuary of Kymi river. Kotka is known by its port, industry and maritime festivals. Kotka is also known as a multifaceted city of educational institutions and culture.

KOTKA IN BRIEF

Kotka was founded in 1879. Now the population is about 55.000. The area is 750 km², but most of it is water, 272 km² is land. Kotka is located 130 km east from Helsinki and 290 km west from St. Petersburg; the highway no 18 runs through Kotka. In the city there are two centres, Kotkansaari (the Isle of Kotka) and Karhula.

The characteristics of Kotka are based on the sea and Kymi river. The port of HaminaKotka is the biggest universal, export and transshipment port in Finland. The main traffic consists of timber, paper, metal and stone.

Kymi river is famous for fishing, you may catch salmon, pike, whitefish, perch, pikeperch. There are also many possibilities to paddle and shoot the rapids in the river. The archipelago of Kotka consists of tens of islands.

PROGRAMME RESERVATIONS: tallshipskotka.fi/fi/crew/

SPECIAL EVENTS

THURSDAY JULY 13th vivil 13th viv

3 pm to 3:45 pm OPENING CEREMONIES

East Quay Stage, City Harbour event area

The official opening ceremonies for The Tall Ships Races Kotka are held on the outdoor stage on the East Quay (see the map). There will be the official greetings from the city of Kotka and from Sail Training International as well as some cultural programme. Please join us to open the event and celebrate The Tall Ships Races 2017 in Kotka.

6:30 pm - PRE-DINNER RECEPTION FOR CAPTAINS

Maritime Centre Vellamo - Boat Hall

7:30 pm - CAPTAINS DINNER

Event Restaurant Rossi,

North Quay, City Harbour festival area

FRIDAY JULY 14th

4 pm to 5 pm CREW P/

CREW PARADE

Meeting point: in the end of Gutzeitintie (Kotkamills parking lot)

Route: Gutzeitintie - Tallinnankatu, Sapokka - Arto Tolsa football arena

The crew parade will take place on the south side of the Isle of Kotka. Please be ready at the meeting point (marked on the map) by 3:30 pm. The parade will proceed thru the south side of Kotka thru beautiful Sapokka park area and onto the Arto Tolsa Arena where the crews will go around the field and will be placed on their reserved places for the prize giving ceremonies.

All crews are expected to attend the parade and we encourage everyone to entertain, sing and dance during the parade. There will be a prize for the best crew in the parade.

PLEASE NOTE THAT SMOKING OR DRINKING ALCOHOL IS PROHIBITED DURING THE PARADE

Local brass band will lead the parade. Transportation arrangements

are not needed.

6 pm to 7 pm PRIZE GIVING CEREMONIES

Football Arena, Arto Tolsa Areena, Urheilukeskus, Puistotie 9-11

8 pm to midnight

CREW PARTY

Wooden Boat Centre, City Port,

Next to the festival gate 4 (see the map 3)

THURSDAY JULY 13th

SPORTING ACTIVITIES AND COMPETITIONS

6 am to 8 pm SWIMMING POOLS AND SAUNAS OPEN

Katariina Swim Hall *Free admission to all crew members

12 noon to 2 pm FINLAND100 STRONGEST MAN COMPETITION

Maritime Square, Middle Quay, City Harbour festival area

*Sign up before the contest

FARMER'S WALK Competitors carry heavy objects in each hand for

a set distance, and compete for the fastest time. TYRE FLIP It requires the strongman to flip a heavy tyre.

This competition is for guickest time to cover a specified distance. LOADING RACE Several heavy objects are loaded onto a truck bed or a similar platform. Competitors compete for fastest time. CRUCIFIX Weights are held straight out at each side for as long a time as possible. Variation entails weights being held out in front. Duration of the hold measures the winner

1 pm to 2:30 pm

PARKOUR

Katariina Sea Park

*Pre-reservations - 30 participants / 10 people per guide.

Katariina Swim Hall *Free admission to all crew members

Instructed parkour in a park environment. There is going to be running, jumping on rocks, balancing on rails and vaulting over obstacles. This is a beginner-level introduction to parkour so new-comers with no experience in parkour are more than welcome!

FRIDAY JULY 14th

6 am to 8 pm

SWIMMING POOLS AND SAUNAS OPEN

YOGA SESSION FOR THE CREW AND PUBLIC 10 am to 10:45 am

On the roof of Maritime Centre Vellamo

Come and join to a festival yoga by Yogelina. Let your smile get wider and your heart get lighter with this soft and invigorating yoga practice. You don't need experience with yoga, a curious mind is all you need - welcome! TREENIKAMAT.fi - sports equipment online shop - is present selling yoga mats with festival prices.

10 am and 12 noon

departures

RIVER RAFTING

Meeting spot on Tornatorintie / Wooden Boat Centre (see the map)

*Pre-reservations - Two busses, 90 participants

SATURDAY JULY 15th 6 am to 3 pm

SWIMMING POOLS AND SAUNAS OPEN

Katariina Swim Hall *Free admission to all crew members

and 6 pm to 8 pm 10 am to 10:45 am

YOGA SESSION FOR THE CREW AND PUBLIC

On the roof of Maritime Centre Vellamo

Come and join to a festival yoga by Yogelina. Let your smile get wider and your heart get lighter with this soft and invigorating yoga practice. You don't need experience with yoga, a curious mind is all you need - welcome! TREENIKAMAT.fi - sports equipment online shop - is present selling yoga mats with festival prices.

10 am to 12 noon

STREET BASKETBALL TOURNAMENT

Maritime Square, Middle Quay, City Harbour festival area

*Sign up before the contest. The City of Kotka is well known of its basketball teams and now it is your chance to show the talent. Ship teams play in their own bracket. Teams of four need to sign up in advance. Games are played in general street basketball rules.

SATURDAY JULY 15th

10 am and 1 pm DISK GOLF

Petäjäsuo. Meeting spot on Tornatorintie /

Wooden Boat Centre (see the map)

*Pre-reservations - Two busses, 45 participants per time slot.

Welcome to the Tall Ships Races staff competition. The competition will be held in Petäjäsuo disc golf course in Kotka. We will play one round (20 holes) using PDGA rules and shotgun start. (Professional Disc Golf Association)(Shotgun start=simultaneously on each hole). The tournament is played in three player teams, two divisions, 45 players per division. Hole instructions and rules will be told in

the players' meeting before the round.

11 am and 1 pm INDOOR SURFING AND ROPE PARK

Activity and meeting centre Pyhtää Sirius,

Meeting spot on Tornatorintie / Wooden Boat Centre (see the map)

*Pre-reservations - One bus, 45 participants per time slot

12 noon to 2 pm PULP BALE ROLLING TRIATHLON

V2 hall, Middle Quay, City Harbour festival area

*Sign up before the contest

1 pm to 2 pm TANDEM SKI COMPETITION

Maritime Square, Middle Quay, City Harbour festival area
* Sign up before the contest. Team consists of 4 members -

maximum of 16 teams in the contest

1 pm to 2 pm TUG OF WAR COMPETITION AND TANDEM SKI COMPETITION

Maritime Square, Middle Quay, City Harbour festival area

*Sign up before the contest. Tug of war is a sport that directly puts two teams against each other in a test of strength: teams pull on opposite ends of a rope, with the goal being to bring the rope certain marked distance in one direction against the force of the opposing team's pull. Team consists of 6 members - maximum of 16 teams in

the contest

1 pm - DESCEND FROM THE ROOF OF CITY HALL

City Hall, Main market square, Downtown

*Pre-reservations, 30 participants. Abseil with rope from the roof of

the city hall under instruction of Kotka climbing club.

2 pm to 4 pm FINLAND100 STRONGEST MAN COMPETITION

Maritime Square, Middle Quay, City Harbour festival area

*Sign up before the contest.

FARMER'S WALK Competitors carry heavy objects in each hand for

a set distance, and compete for the fastest time.

TYRE FLIP It requires the strongman to flip a heavy tyre.

This competition is for quickest time to cover a specified distance. **LOADING RACE** Several heavy objects are loaded onto a truck bed

or a similar platform. Competitors compete for fastest time.

CRUCIFIX Weights are held straight out at each side for as long

a time as possible. Variation entails weights being held out in front. Duration of the hold measures the winner.

SUNDAY JULY 16th

6 am to 12 noon SWIMMING POOLS AND SAUNAS OPEN

Katariina Swim Hall *Free admission to all crew members

CULTURAL PROGRAMME

THURSDAY JULY 13th

12 noon to 1:30 pm GUIDED WALKING "GET TO KNOW" TOUR IN KOTKA CITY CENTRE

14 pm to 15:30 pm *Meeting spot at the festival gate 2* *Pre-reservations - 30 participants

6 pm EVENING PRAYER - THE TALL SHIP RACES

Kotka Lutherhan Church, Kirkkokatu 26

FRIDAY JULY 14th

11 am to 12:30 pm LANGINKOSKI IMPERIAL FISHING LODGE

Meeting spot on Tornatorintie / Wooden Boat Centre

*Pre-reservations - Guided tour in English (45 participants) or Russian (45 participants)

OTHER ACTIVITIES

THURSDAY THRU SATURDAY

STREETS AND PARKS OF KOTKA -NAVIGATION PATH

Downtown and parks *Sign up before the contest

FRIDAY JULY 13th

7 pm to 9 pm PUBL

PUBLIC SAUNA IN HOVINSAARI

Meeting spot on Tornatorintie / Wooden Boat Centre
* Pre-reservations - 30 participants / 15 people at time.

Please bring your own towels.

FRIDAY JULY 14th

10 am to 12 noon

POLE FISHING (ANGLING)

Sapokka Water Garden, next to Tervasilta (wooden bridge)

*Pre-reservations - 40 participants. Angling with natural baits on piers by the Sapokka Water Garden for Tall Ships Races crew members. 40 first registrated will fit in the event. All the gear and

baits are supplied by the organizer Kotkan Kalamiehet.

THURSDAY THRU SATURDAY FREE ADMISSION TO THE MARITIME CENTRE

VELLAMO FOR ALL CREW MEMBERS

GUIDED TOURS at the Maritime Centre Vellamo / Maritime Museum

of Finland and Museum of Kymenlaakso exhibitions.

THURSDAY THRU SATURDAY

FREE ADMISSION TO MARETARIUM FOR

ALL CREW MEMBERS.

THURSDAY THRU

CARTING AT EAGLE KARTING AREA

SATURDAY East Quay, City Harbour event area (see the map 7)

IMPORTANT INFORMATION

Please make sure that you wear your The Tall Ships Races 2017 wrist band.

EMERGENCY NUMBER IN FINLAND 112 AMBULANCE. POLICE AND FIRE ALL IN THE SAME NUMBER

CREW CENTRE

Location:

Maritime Centre Vellamo ground floor Opening hours:

Thurs 12-24, Fri-Sat 08-24, Sun 08-15 Services:

- general information and help
- internet
- sign-ups for various activities

LO AND HARBOUR CENTRE

Location:

Maritime Centre Vellamo main floor Opening hours:

07-24 (other times on call) **Mobile:** +358 40 660 2510 **Email:** tsr@haminakotka.fi

FIRST AID

Location: Festival gate 2
Operated by The Red Cross

CITY HEALTH CARE CLINIC -KOTKANSAAREN TERVEYSASEMA

Location: Keskuskatu 30

Please contact crew centre before contacting the clinic. We have a back line phone number for faster service.

PHARMACY

Locations: On Kirkkokatu and inside the shopping mall Pasaati. See the pharmacy sign on the map.

POST OFFICE

Location: inside the supermarket Hyvätuuli - Keskuskatu

BANK/ATM

Locations: on Kirkkokatu and inside the shopping mall Pasaati.

See the € signs on the map.

- Banks in Kotka do not carry cash all cash withdrawals thru ATM
- We recommend that you will not use travelers' checks or other currency than euros in Finland, since they are extremely difficult to exchange.
- Euros and ATM cards are accepted widely

TAXI

Locations:

See the TAKSI sign on the map.

CREW SERVICES

SHOWERS

- Showers are located inside of P1 harbour hall

LAUNDRY

- Self-service washers and dryers are located inside the P1 harbour hall (see the map)
- Low cost laundry services are provided at the Kierrätyspaja at Satamakatu 3 in between the festival gates 2 and 3 (see the map)
- Professional laundry services can be found at the shopping mall Pasaati (2nd floor - SOL pesulapalvelu) and on Keskuskatu 13 (Kotkan pika-pesula).
 These services are closed on Saturday and Sunday.
- For additional help, please contact the crew centre or your LO

TOILETS

- Toilets for just crew use are located inside of P1 harbour hall
- Public toilets are located in various spots throughout the festival area and inside Maritime Centre Vellamo

BICYCLES

- Bicycles can be rented at Pyöräpaja, Satamakatu 3, in between the festival gates 2 and 3. Please note that bicycling is not allowed inside the festival area.
- Pick up the map of various biking routes at the crew centre

RECYCLING

- Please note that we are recycling almost all waste that comes from our festival
- Use trash bins and follow the signs

STORES

There are various store located right in the middle of the city, walking distance from the festival site. Shopping mall Pasaati will serve you at extended opening hours.

Two large supermarkets, Prisma and Citymarket, are located about 15 minutes' drive from the festival site. Please ask your LO for more information of how to get to these markets.

Hyvätuuli - local supermarket right next to the market square

AIRPORT

Bus transportation to the Helsinki-Vantaa Airport on Saturday morning (estimated departure from Kotka at 10 am). Please ask your LO for more information or to reserve your place in the bus.

ЭПІРЭ

LOCATIONS: I=East, H=Harniemi, V=Middle, P=Pontoon

SHIPS	LOCATIONS: I=East, H=Harniemi, V=Middle, P=Pontoon						LOCATION
VESSEL NAME	NATION (CLASS	LOCATION	VESSEL NAME	NATION (CLASS	ž
Cisne Branco	Brasil	Α	1	Adventure	Russia	С	Ρ
Fryderyk Chopin	Poland	Α	Н	Akela	Russia	С	Р
Kruzenshtern	Russia	Α	V	Emely	Poland	С	Р
Loa	Denmark	Α	Н	Gmina Police	Poland	С	Ρ
Mir	Russia	Α	V	Leonid Teliga	Poland	С	Р
Mircea	Romania	Α	I	Lukull	Russia	С	Р
Morgenster	Netherland	ls A	Н	Tesia	Poland	С	Р
Pogoria	Poland	Α	V	Argus	Russia	С	Ρ
Royal Helena	Bulgaria	Α	I	Black Diamond			
Royalist	UK	Α	Н	Of Durham	UK	С	Р
Santa Maria				Bylina	Russia	С	Р
Manuela	Portugal	Α	I	Challenge Wales	UK	С	
Sedov	Russia	Α	V	Dar Szczecina	Poland	С	
Shabab Oman II	Oman	Α	I	Esprit	Germany	С	Р
Shtandart	Russia	Α	V	Navigator	Finland	С	
Sorlandet	Norway	Α	Н	Neva	Russia	С	
Tre Kronor				Ocean Scout	UK	С	
Af Stockholm	Sweden	A	Н	Polus	Russia	С	
Aglaia	Austria	В	H	Silesia .PL	Poland	С	
Astrid (Finland)	Finland	В	Н	St IV	Estonia	С	
Belle Poule	France	В	Н	Tara	Denmark	С	Р
Betty	Denmark	В	Н	Thermopylae			
Brabander	Lithuania	В	Н	Clipper	UK	С	Р
Constantia	Sweden	В	Н	Tornado	Poland	С	
De Galant	Netherland		Н	Zenobe Gramme	Belgium	С	Ρ
General Zaruski	Poland	В	Н	Amur	Russia	D	Р
Gratitude	Sweden	В	Н	Argo	Russia	D	Ρ
Helena	Finland	В	Н	Bies	Poland	D	Ρ
Ihana	Finland	В	Н	Forward	Russia	D	Ρ
Ingrid	Finland	В	Н	Gigi	UK	D	Р
Joanna Saturna	Finland	В	Н	Karedzhi	Russia	D	Ρ
Kapitan Borchardt	Poland	В	Н	Lietuva	Lithuania	D	Р
Krasotka	RUSSIA	В	Н	Merisissi III	Finland	D	Ρ
Leila	UK	В	Н	Merisusi	Finland	D	Ρ
Malcolm Miller	UK	В	Н	Nauticus	Poland	D	Р
Nadezhda	Russia	В	Н	Rus	Russia	D	Р
Rupel	Belgium	В	Н	Theia	Finland	D	Ρ
Skonnerten Jylland		В	Н	Tokka-Lotta	Finland	D	Р
Valborg	Finland	В	Н	Tuulelind	Estonia	D	Р
Vega Gamleby	Sweden	В	Н	Urania	Netherland	ls D	Ρ
Zawisza Czarny	Poland	В	Н	Urtica	Poland	D	Р
				Variag	Russia	D	Р
				-	D 1	_	_

Zryw

Poland

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The Tall Ships Races Kotka office,
Sail Training International office and the media centre
LAIVURINKATU 7 (see the map)



